

**ASSESSMENT**

**Total Marks: 30**

**1. Multiple Choice Questions**

(05)

- i. The time scale and the cost of the treatment should be discussed:
  - a. after giving the treatment
  - b. during the treatment
  - c. before giving the treatment
  
- ii. Normal skin is fine-textured with:
  - a. enlarged pores
  - b. open pores
  - c. no visible pores
  
- iii. The combination skin is partly oily, partly:
  - a. Sensitive
  - b. Dry
  - c. Greasy
  
- iv. The skin, which has lost water from the skin tissues, is called:
  - a. mature skin
  - b. dehydrated skin
  - c. congested skin
  
- v. Black heads and white heads are usually seen on:
  - a. congested skin
  - b. mature skin
  - c. greasy skin
  
- vi. The acid has a pH of:
  - a. less than 7
  - b. more than 7
  - c. equal to 7
  
- vii. Cleansing lotions do not contain oil, and therefore, are not suitable for:
  - a. make-up removal
  - b. greasy skin
  - c. combination skin

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- viii. Toners are applied to the skin using:
  - a. brush
  - b. finger tips
  - c. damp cotton wool
  
- ix. Moisturising creams contain which of the following:
  - a. 15-30% oil
  - b. 16-32% oil
  - c. 18-36% oil
  
- x. Exfoliants remove the dead cells from the;
  - a. epidermis
  - b. dermis
  - c. prickle cells

**2. Short Questions**

(21)

All question carry equal marks.

- i. List five contra-indications to a facial treatment.
- ii. How would you recognise the following skin types:
  - Normal skin
  - Dry skin
- iii. What is a T - zone? In which skin type is it found?
- iv. How would you explain the correct application of the following products to your client?
  - Cleansing milk
  - Cream exfoliant
  - Toning lotion eye cream
- v. What are the main problems of a congested skin?
- vi. What are the best ways for caring the skin?
- vii. What is the purpose of:
  - Moisturising
  - Toning
  - Cleansing

- 3.** What does an exfoliant do? Name different types of exfoliants and their functions. (4)