

### ASSESSMENT

Total Marks: 30

1. Give short answers to the following questions: (20)
  - i. What are the main purposes of Health and Safety at Work Act?
  - ii. Outline the benefits of health and safety at work place. III. What is risk assessment about?
  - iii. What are the different types of risk assessment?
  - iv. What is Health and Safety audit?
  
2. Discuss different approaches that employers can adopt to help employees manage stress. (10)