

## Eating Disorder

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### Assignment 5

**Total Marks 30**

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| 1. What are the effective ways of coping with stress? | 8 |
| 2. Explain the phrase "a healthy balance in life".    | 8 |
| 3. What is the treatment for anorexia?                | 7 |
| 4. Describe some common symptoms of Bulimia?          | 7 |