

### ASSESSMENT # 1

Total Marks: 30

- 1. Multiple Choice Questions:** (05)
- i. The Beauty Industry has achieved a great reputation because of, which of the following:
    - a. excellent training and high standards
    - b. an increase in beauty products
    - c. increased money to spend on beauty products
  - ii. The knowledge and skills required in the Beauty Industry are:
    - a. remarkable
    - b. numerous and broad
    - c. very special
  - iii. To avoid bad breath being passed to a client:
    - a. regular exercise and good diet are highly recommended
    - b. dressing up nicely is highly recommended
    - c. regular brushing, mouth sprays, mints, and breath fresheners are highly recommended.
  - iv. In a beauty salon, if your hair is below shoulder - length:
    - a. it should be nicely done.
    - b. It should be premed
    - c. It should be tied up.
  - v. Sanitation is:
    - a. cleaning and washing
    - b. drying and cleaning
    - c. cleaning with chemical solution
  - vi. The process of disinfecting reduces the number of germs and bacteria to a level:
    - a. that is less harmful to health.
    - b. that promotes health
    - c. that makes germs totally harmless.
  - vii. A bead steriliser is an electrical unit which contains which of the following:
    - a. metal beads
    - b. glass beads
    - c. rubber beads

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- viii. After using on a client, creams and oils should be:
  - a. put back in the original container
  - b. stored in a new container.
  - c. Thrown away
  
- ix. Hot air oven heats to
  - a. 150- 180 C
  - b. 130 – 150C
  - c. 180- 200C
  
- x. Heat sterilisation method is suitable for tools, such as:
  - a. sponges and brushes
  - b. tweezers and scissors
  - c. trolleys

**2. Short Questions:** (21)  
(All questions carry equal marks)

- i. When would you need to wear protective clothing? Why?
- ii. What is the purpose for maintaining health and safety policy for a salon?
- iii. How would you lift a large box from the floor to place it on the shelf?
- iv. What are the three ways to make sure that the work environment is clean and germ - free?
- v. What are the effective sterilisation methods to prevent cross-infection and secondary infections?
- vi. What is the importance of personal appearance for a beauty therapist and why?
- vii. Why is personal hygiene so important for a beauty therapist?

**3.** Briefly describe how your skin and make up should look so that a client is not put off, but feels confident that she is getting treatment from a person who knows what she is doing? (04)