

ASSESSMENT # 2

Total Marks: 30

- 1. Provide short answers for the following questions:** (15)
 - I. What is the Socratic method of asking questions?
 - II. What is meant by the 'expert' model?
 - III. Briefly describe the process consultation model.

- 2. Does life coaching have a common philosophy? Discuss some of the common beliefs shared by most life coaches.** (8)

- 3. Coaching bears similarities to counselling, though the two types of consultation are quite different. Discuss** (7)