

ASSESSMENT # 3

Total Marks: 30

- 1. Provide short answers for the following questions:** (15)
 - i. Briefly explain the meaning of 'perspective'.
 - ii. What is meant by 'vision' in life coaching?
 - iii. What role does motivation play in life coaching?
- 2. Assumptions and beliefs can either be useful or limiting - Discuss.** (8)
- 3. Explain the functions, objectives and potential value of risk-taking in life coaching.** (7)