

**ASSESSMENT # 2****Total Marks: 30**

**Answer the following questions:**

**Q: 1:** Short Questions (15)

- I. What is Assertiveness?
- II. Describe the characteristics of Manipulative or Passive-Aggressive behaviour.
- III. What are the major consequences of Assertive behaviour?
- IV. Outline the major consequences of Manipulative or Passive-Aggressive behaviour.
- V. Define the following terms:
  - a. Aggressive behaviour
  - b. Assertive behaviour
  - c. Manipulative or Passive-Aggressive behaviour

**Q: 2:** Outline the steps necessary for improving Assertiveness Skills. (7)

**Q: 3:** Write detailed notes on Passive behaviour. (8)