

**ASSESSMENT # 2****Total Marks: 30**

- 1. Provide short answers for the following questions :** (15)
  - I. What is the Socratic method of asking questions?
  - II. What is meant by the 'expert' model?
  - III. Briefly describe the process consultation model.
  
- 2. Does life coaching have a common philosophy? Discuss some of the common beliefs shared by most life coaches.** (8)
  
- 3. Coaching bears similarities to counselling, though the two types of consultation are quite different. Discuss** (7)