

ASSESSMENT # 4

Total Marks: 30

- 1. Provide short answers for the following questions:** (15)
 - i. Why is good communication important in life coaching?
 - ii. What kinds of obstacles can stand in the way of good communication?
 - iii. Explain the difference between open and closed questions.

- 2. One winning communication strategy is to always develop positive relationships with people. Discuss how this can be achieved.** (8)

- 3. In order to get better at communicating, there are things that we can do to develop confidence - Discuss.** (7)