



Setting Goals

ASSESSMENT # 2

Total Marks: 30

Answer the following questions:

1. How can we do better than letting the life drive us to the expected or unexpected end? **(10)**
2. How planning can be helpful in making life easier? and describe the tools which can be used for this purpose. **(10)**
3. Do you think setting up a routine in life is important to achieve goals? Give your opinion and discuss with examples **(10)**