

ASSESSMENT # 4**Total Marks: 30**

Answer the following questions:

Q: 1: Who are mentors? How do they help in setting goals? (7)

Q: 2: Outline the three important steps for creating a personal vision. (8)

Q: 3: What is SPIRIT? How does it help in setting goals? (7)

Q: 4: Describe the ways of dealing with setbacks. (8)