

1. Give short answers to the following questions: (20)
 - i. What are the main purposes of Health and Safety at Work Act?
 - ii. Outline the benefits of health and safety at work place.
 - iii. III. What is risk assessment about?
 - iv. What are the different types of risk assessment?
 - v. What is Health and Safety audit?

2. Discuss different approaches that employers can adopt to help employees manage stress. (10)