

### ASSESSMENT # 1

Total Marks: 30

Answer the following questions:

**Q: 1:** Short Questions (15)

- I. What is Workplace Violence?
- II. Describe the term “cycle of violence”.
- III. Outline the warning signs that may indicate that a person is about to commit a violent act.

**Q: 2:** Discuss the behavior wheel theory developed by the psychologist Albert Bandura. (7)

**Q: 3:** Describe the seven-step process of managing anger introduced by Dr. Lynn McClure. (8)