

**ASSESSMENT # 17****Total Marks: 30**

**Answer the following questions:**

**Q: 1:** Short Questions (15)

- I. How would you create a workplace wellness committee?
- II. Define workplace organisation culture.
- III. Describe the ICE Method.
- IV. When is a wellness program inappropriate?
- V. How would you engage employees in a workplace wellness program?
- VI. What are the typical measurements included in the statistics of a workplace wellness program?

**Q: 2:** Discuss the benefits of workplace wellness programs. (5)

**Q: 3:** Describe the GO-PARSE model for effective reading. (5)

**Q: 4:** Discuss the means of implementing a workplace wellness program. (5)