

**ASSESSMENT # 3****Total Marks: 30**

- 1. Provide short answers for the following questions:** (15)
  - i. Briefly explain the meaning of 'perspective'.
  - ii. What is meant by 'vision' in life coaching?
  - iii. What role does motivation play in life coaching?
- 2. Assumptions and beliefs can either be useful or limiting - Discuss.** (8)
- 3. Explain the functions, objectives and potential value of risk-taking in life coaching.** (7)